1. Movie editing and creation

 Windows Movie Maker

a. With Windows Movie Maker, you can quickly turn your photos and videos into polished movies. Add special effects, transitions, sound, and captions to help tell your story. Share the movie with friends and family.

Free download: http://www.windows-movie-maker.org

 PhotoFilmStrip- Brought to you by: hammerwerfer

b. PhotoFilmStrip creates movies out of your pictures in just 3 steps. First select your photos, customize the motion path and render the video. There are several output possibilities for VCD, SVCD, DVD up to FULL-HD. Creates animated slideshows.

Free download: http://sourceforge.net/projects/photostoryx/?source=dlp

2. Sound editing

Audacity® is free, open source, cross-platform software for recording and editing sounds.

Free download: http://audacity.sourceforge.net/download/

3. Video editing

Lightworks is the fastest, most accessible and focused NLE (non-linear editing) system in the industry, because it is based on the simple idea that the editor, not the computer industry, knows what's best. The latest release of Lightworks is based on the cumulative knowledge from twenty years of top-flight editing.

Free download: http://www.lwks.com/index.php?option=com_docman&gid=8&task=cat_view&Itemid=189

4. Website and content creation

Adobe Rome is an all-in-one content creation and publishing application.

Free download: http://adobe-rome.en.softonic.com/

5. Image editing downloads
Free downloads: http://www.techspot.com/downloads/image-editing/

6. Screen Recording and Video Editing Software
a. ScreenCastle

Screen Recording & Video Editing Software.

Free download: http://www.techsmith.com/download/camtasia/Jing

b. XVidCap
xvidcap is a screen capture enabling you to capture videos off your X-Window desktop for illustration or documentation purposes. It is intended to be a standards-based alternative to tools like Lotus ScreenCam.

Free download:
http://sourceforge.net/projects/xvidcap/files/latest/downloadUVScreenCamera

c. **ActivePresenter**

ActivePresenter: A Screen Recorder, Screencasting and Rapid eLearning Authoring Tool

Free download: http://atomisystems.com/download/

d. **Wink**

Wink is a Tutorial and Presentation creation software, primarily aimed at creating tutorials on how to use software (like a tutor for MS-Word/Excel etc.). Using Wink you can capture screenshots, add explanations boxes, buttons, titles etc. and generate a highly effective tutorial for your users.

Free download: http://www.debugmode.com/wink/download.htm

7. **Music Recording**

GarageBand

Not free, but a good value at $4.99.

GarageBand turns your iPad, iPhone, and iPod touch into a collection of Touch Instruments and a full-featured recording studio — so you can make music anywhere you go. Use Multi-Touch gestures to play pianos, organs, guitars, drums, and basses. They sound and play like their counterparts, but let you do things you could never do on a real instrument.

Requires iTunes account:

https://itunes.apple.com/us/app/garageband/id408709785?mt=8&ign-mpt=uo%3D4